

FLUORIDE VARNISH APPLICATION ONLINE

Now every nurse can be competent!

The aim of this course is to provide training for nurses to become competent and confident in applying fluoride varnish under the prescription of a dentist or as part of a structured oral health programme.

STARTS*
29 January 2018

FLEXIBLE
learning hours

COMPLETE
in 2-3 months

*Internet access required.



Online Learning

Videos, articles and interactive activities.

Tutor Support

Email, teleclasses and webinars.

Record of Competence Portfolio

Completed with your supervisor.

THE ROLE OF THE SUPERVISOR

Your supervisor should be:

- GDC Registered
- Able to guide you through your practical training
- Able to comment on and sign your portfolio.



COURSE STRUCTURE AND LEARNING OUTCOMES

COURSE STRUCTURE		LEARNING OUTCOMES
WEEK 1	Introduction to Oral Health Education Online lecture: 60 Multi-choice questions 80% pass required Watch and complete at any time in week one. 2.5 – 3 hours study	<ul style="list-style-type: none">• Deliver basic oral hygiene and diet advice to parents and children• Demonstrate effective tooth brushing techniques• Deliver basic tailored oral health instructions to children and young adults with orthodontic appliances• Define the main differences between gingivitis and periodontitis• Deliver basic smoking and alcohol cessation advice• Deliver basic oral health advice to adults and pregnant women• Provide denture care instructions to patients• Give advice to patients suffering with xerostomia• Adapt basic oral hygiene instructions to patients with special needs• Deliver advice to carers on assisted brushing.
WEEK 2	Application of fluoride process Online lecture: 20 Multi-choice questions 1 hour study	<ul style="list-style-type: none">• Confidently explain to a patient the process of caries and the possible outcomes of untreated caries• Have a good theoretical understanding of how fluoride helps prevent decay and be confident in explaining this to a patient• Be aware of supporting evidence in the use of systemic and topical fluoride in caries prevention and preventing dentine sensitivity.
WEEK 3	Delivering Better Oral Health Online lecture: 20 Multi-choice questions 1 hour study	<ul style="list-style-type: none">• Have a good understanding of the contents of Introduction to Delivering Better Oral Health• Explain to a patient the recommended doses of topical fluoride appropriate for the individual based on age / caries rate / influencing factors• Demonstrate during a fluoride application appointment that they are able to give supportive oral health advice regarding diet / oral hygiene regime appropriate to the patient they are treating.
WEEK 4	Application of fluoride process Online lecture: 20 Multi-choice questions 1 hour study	<ul style="list-style-type: none">• Confidently explain the different topical fluoride preparations available including varnishes / mouthwashes and toothpastes• Confidently give advice to a patient about the appropriate product for them• Identify any relevant medical history concerns that may prevent the use of a topical fluoride application• Identify any contraindication to a topical fluoride application based on any systemic fluoride being taken (including being aware of local water supplies)• Be aware of the consequences of fluoride toxicity• Know how to handle any form of overdose identified.
WEEK 5	Application of fluoride process Online lecture: 20 Multi-choice questions 1 hour study	<ul style="list-style-type: none">• Explain the information required in a referral / prescription from a dentist for application of a topical fluoride• Explain how they would gain informed consent from a patient for the procedure (including being able to explain the different types of consent)• Explain the process of fluoride application as a step-by-step guide to include any pre and post placement advice• Be confident in writing clinical notes of the appointment.
WEEK 6	Fluoride Debate Online lecture: 20 Multi-choice questions 1 hour study	<ul style="list-style-type: none">• Outline concerns that patients may have regarding systemic and topical fluoride• Understand some of the clinical evidence against the use of fluoride• Be confident in how to manage with a situation where a patient has refused consent and how to offer possible advice on other products they may wish to use and to be able to identify any contraindications to such products.
	Record of Experience Portfolio 10 record sheets	<ul style="list-style-type: none">• Demonstrate competence to apply fluoride varnish under the prescription of a dentist• Demonstrate patient care and communication throughout fluoride treatment• Demonstrate understanding of reflective learning and continuing education.

£90.00 includes 10 verifiable CPD hours.
Call 0207 193 0584 or book online.